

SEDATION INSTRUCTIONS

Why We Recommend Sedation

Our experience has shown that the use of mild Oral or I.V. tranquilizing agents in conjunction with analgesics helps our patients enjoy a very easy post-operative period. The potential for swelling and bruising is greatly diminished when our patients are completely relaxed and muscle tension is reduced. The quantity of medication prescribed is based upon your body weight and the length of time needed to perform your treatment.

Pre-Operative Instructions for Sedation

If you are being seen with the use of **ORAL SEDATION**, we require you to be present in the office **ONE HOUR** before your appointed time so that we can provide you with the medication. It is also important that you Do Not eat or drink for at least **8 hours** before your treatment.

If you are being seen with the use of **I.V. SEDATION**, we request that you Do Not eat or drink for at least **8 hours** before your treatment, not even water. Please wear loose comfortable clothing and short sleeves are best.

*****If taking your medication falls in this time, please take it after the treatment*****

Someone **must** be available to drive you home after the procedure. While you will be fully conscious at all times, your state of relaxation may impair your reflex time and you will not be allowed to leave without assistance. It is not safe for you to travel home alone or by public transportation, Uber or in a taxi alone.

Post-Operative Instruction for Sedation

You have just been administered sedative medications for your dental procedure. There are some precautions to be aware of over the next 24 hours:

- we strongly recommend that you do not consume alcoholic beverages or take any medications that we are unaware of. This period should be longer if drowsiness or dizziness persists.
- do not feel alarmed if you are sluggish or disoriented for one or two days after the procedure. This is quite reasonable and expected.
- you must not drive a vehicle or operate hazardous machinery.
- you should not smoke as the sedation may make you fall asleep while smoking.